

**MOVIN' QUICKSTEP****SPEED 44 RPM  
CATEGORY B**

**Composer:** DEAN & BETTY HOLM  
**Record:** GRENN 17213 OR GRENN 14205 "MOVIN' OUT THERE"  
**Rating:** QUICKSTEP PHASE III + 2 (QUARTER TURNS & PROGRESSIVE CHASSE, RUNNING FWD LOCKS)  
**Sequence:** INTRO, A, B, C, A, B, C\*

**Intro:** OP FCG DLW WAIT ;; APT, PT ; TOG CP LOD, TCH ;

**Part A:** QUARTER TURNS & PROGRESSIVE CHASSE [DLW] ;; ;;  
 FWD, LOCK, FWD ; MANUV, SD, CL ;  
 SLOW SPIN TRN & BK [CHKG] ;;

**Part B:** 2 L TRNS LOD ;; FWD BJO, CHECK ; WHALETAIL ;;  
 WALK, FC ; SD, CL, TWICE ; SD, THRU TO FC ;  
 SLOW HOVER, PICKUP BJO [4 STEPS] ;; RUNNING FWD LOCKS ;;  
 MANUV, SD, CL ; SLOW IMPETUS, THRU TO FC ;;  
 SD, TCH, TWICE TO A ;

**Part C:** STROLLING VINE CBJO LOD ;;;;  
 FWD, LOCK, FWD ; MANUV, SD, CL ;  
 PIVOT 2 WALL ; DIP CENTRE, REC ;  
 SLOW TWIST VINE 4 BJO ;; RUNNING FWD LOCKS ;;  
 MANUV, SD, CL ; SLOW IMPETUS, PICKUP ;; SD, TCH, TWICE TO ;

**Part A:** QUARTER TURNS & PROGRESSIVE CHASSE [DLW] ;; ;;  
 FWD, LOCK, FWD ; MANUV SD, CL ;  
 SLOW SPIN TRN & BK [CHKG] ;;

**Part B:** 2 L TRNS LOD ;; FWD BJO, CHECK ; WHALETAIL ;;  
 WALK, FC ; SD, CL, TWICE ; SD, THRU TO FC ;  
 SLOW HOVER, PICKUP BJO [4 STEPS] ;;  
 RUNNING FWD LOCKS ;; MANUV, SD, CL ;  
 SLOW IMPETUS, THRU TO FC ;; SD, TCH, TWICE TO A ;

**Part C\*:** STROLLING VINE [CBJO LOD] ;; ;;  
 FWD, LOCK, FWD ; MANUV, SD, CL ;  
 PIVOT 2 WALL ; DIP CENTRE, REC ;  
 SLOW TWIST VINE 4 BJO ;; RUNNING FWD LOCKS ;;  
 MANUV, SD, CL ;  
 SLOW IMPETUS, THRU CHASSE [SCP] & TILT RLOD ;;;